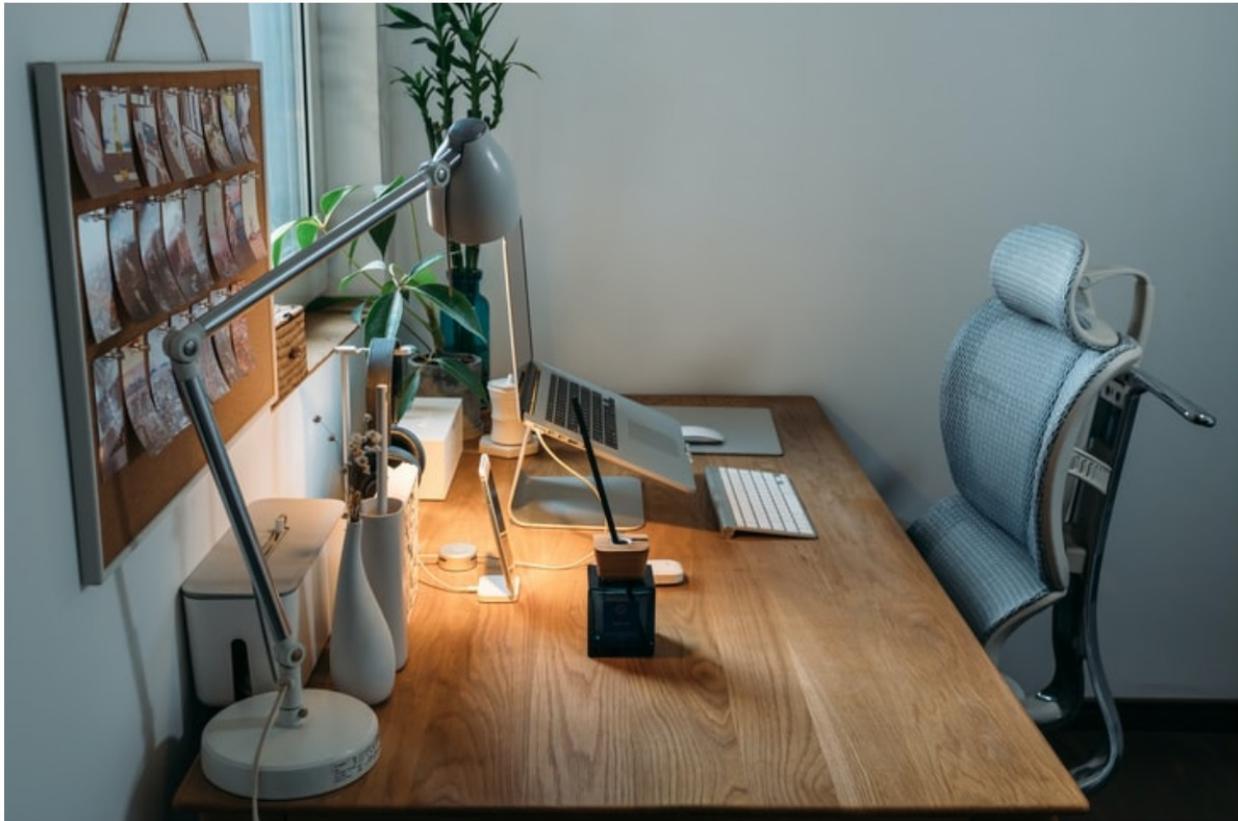


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Expert Tips for the Best Home Office Designs

Let's face it, your home office likely started out as a makeshift desk with the thought that you'd return to work within a few months. As summer comes to a close and kids turn to online learning, you may still be working from home - and wondering how to upgrade your home office designs. However, if you're struggling with how to get started, look no further.

We reached out to experts living in Sacramento, CA to those living in Miami, FL to provide their best tips and tricks for creating a functional and creative home office that'll make the most of your home.



Incorporate ergonomics and comfort

Sit-to-stand desks, ergonomic chairs, mobile pedestal files, and adjustable keyboard trays are just a few items that can help prevent an instance of musculoskeletal disorders, pain, and injury. Utilizing them will create less stress therefore we will be more focused and productive while we work. Being sedentary is not healthy. These suggestions can improve physical posture and movement while working in our home offices. - Leslie Stern, Leslie M. Stern Design